

## Swiss Athletics Marathon Bern / Belp / March 14th, 2021

### **Safety protocol**

#### **A. Basic principles**

The safety protocol is based on the following principles:

- 1 1 Federal ordinance on measures to combat the Covid-19 epidemic (SR 818.101.26)
- 2 Swiss Federal Office of Public Health novel corona virus FAQ (June 19, 2020)
- 3 Guidelines for sport
- 4 Swiss Federal Office of Public Health hygiene and social distancing rules.
- 5 Safety protocol concepts for running events by Swiss Running / Swiss Runners

#### **B. Reason and Responsibility**

The safety protocol and the planned measures are intended to prevent the corona virus (Covid-19) from spreading during the Swiss Athletics Marathon Bern / Belp.

Swiss Athletics, Swiss Running and athletics sportconsulting Ltd, as organizers, are responsible for the establishment and implementation of this safety protocol.

#### **C. Principles**

- The event will be run without spectators so no facilities for spectators are offered.
- The number of people present is kept to a minimum. All those present (athletes, support staff, helpers, organizing committee (OC), media) must be registered in advance and their contact details recorded.
- All those present (athletes, support staff, helpers, OC, media) undertake, to commit to the safety protocol fully in the interest of public safety and that of the participants.
- Only those who are completely healthy, have no / Covid-19 symptoms and have not had any contact with infected people in the 14 days prior to the run may be present at the event. People at particular risk must observe the specific requirements of the Swiss Federal Office of Public Health.
- All are encouraged to practice good hand hygiene. To facilitate this, hand disinfectants and, in the case of publicly wash places, soap are provided.

- Wearing of masks is mandatory at all times in and around the marathon course also at the hotel and during travel between sites. The only time this does not apply is to athletes while competing and as specified at start and finish areas. Athletes and their support staff are responsible for bringing their own masks with them. FFP-2 masks are made available to all helpers.
- The event will be limited to a maximum of 50 participants plus pacemaker. It is an invitation only event. The starting places will be assigned by Swiss Athletics.

## D. Precautions

### 1 Arrival / departure

Arrival / departure will be at your own risk, ideally with personal vehicles, adhering to all protective measures.

When traveling by public transport, the Covid rules of the method of transport must be observed (e.g. the wearing of a mask on Swiss public transport. Please keep such journeys to a minimum from your accommodation directly to the event- sightseeing trips and other visits are prohibited.

The following travel and quarantine regulations for Switzerland apply to foreign athletes and their support staff:

*(Valid from February 8, 2021; changes may apply. The organizer assumes no guarantee or liability for this information. The provisions of the Swiss Confederation are authoritative. Responsibility lies with the individual at all times)*

- Quarantine in Switzerland is not necessary for athletes and their support staff with accreditation, as they are taking part in a professional sports event. It is advised that all support staff and athletes should take a printed copy of the safety protocol and all relevant documents with them to present at border control.
- Most people entering the country are required to submit a negative PCR-COVID test that is not older than 72 hours. Since this is a prerequisite for participating in the event, everyone arriving from abroad must present one from their country of departure.
- The following registration form (<https://swissplf.admin.ch/formular>) must be completed in full by the following persons for entry into Switzerland:
  - *Travelers from states or areas with an increased risk of infection*
  - *Travelers from states or areas without an increased risk of infection if they travel by train, bus, ship or plane.*

It is the responsibility of the participants to independently check the entry regulations as well as the return travel regulations for each country.

Transport to the start and back to the hotel by bus will be organized for participants and accompanying persons who stay overnight at the Hotel Hine Adon Airport Bern. It is mandatory to wear FFP2 masks on the bus without any exceptions.

## 2 Hotel

Participants and support staff that stay at the Hotel Hine Adon Airport Bern must strictly adhere to the hotel's instructions and remain isolated in the room. It is not allowed to meet in the corridors or common areas of the hotel, it is mandatory to wear an FFP-2 mask. No catering will be provided. In the rooms there are cooking facilities for self-catering.

## 3 Tests

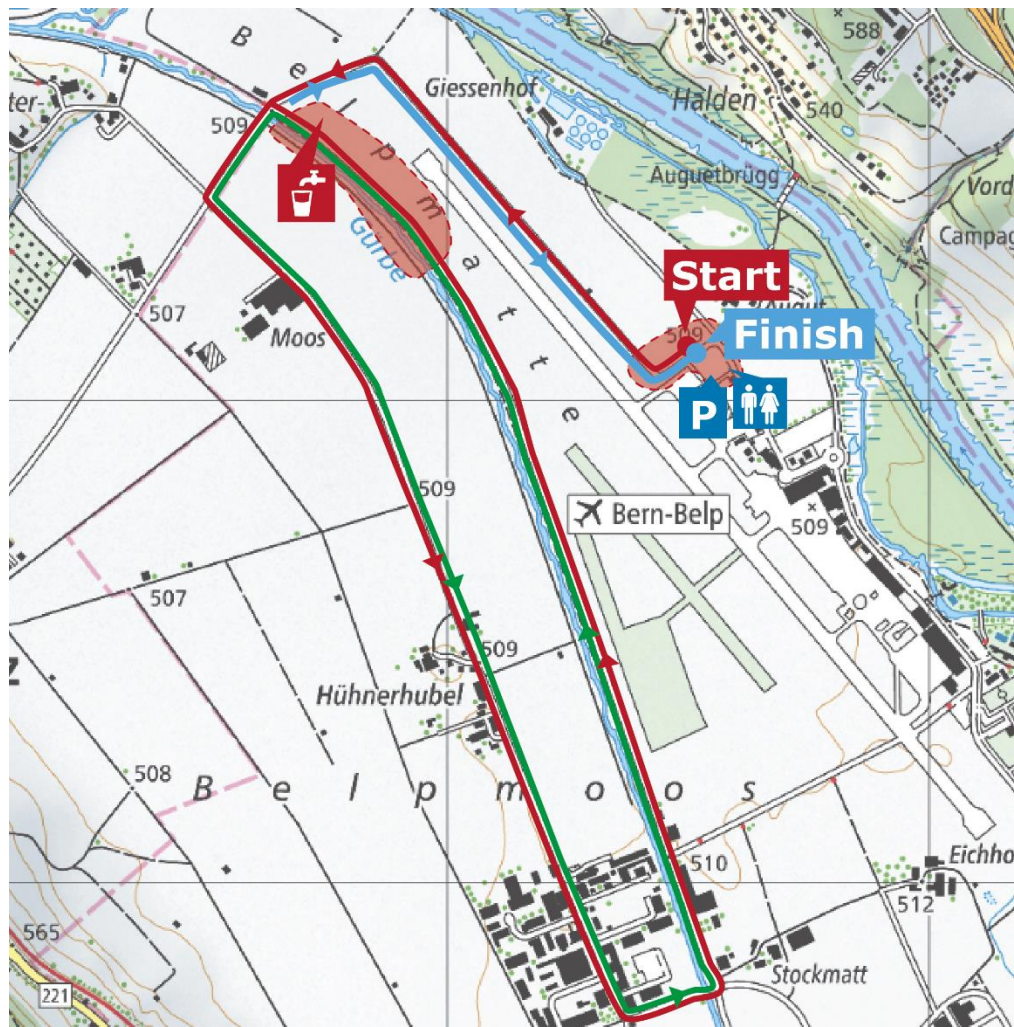
All athletes, all people arriving from abroad and all other people who stay at the Hotel Hine Adon Airport Bern must show a negative PCR-COVID test in the 72 hours before the race start (Sunday 14 March 10:00 a.m.), in order to be accredited for the event.

People who need a COVID test for their return journey must contact Michael Rüegg (michi.rueegg@yahoo.de) up to one week before the marathon.

The costs of the tests are borne by the participants / support staff.

## 4 Event perimeter

The event perimeter includes the parking lot (including the toilets and vehicles), the start and finish area, the immediate event course and the catering zones. These areas may only be accessed by accredited persons.



## 5 Accreditation

All persons who stay at the Hotel Hine Adon Airport Bern will receive their accreditation there. All persons arriving directly to the event venue will receive them when entering the parking area.

## 6 Infrastructure

### a) Parking lot / pre-start area

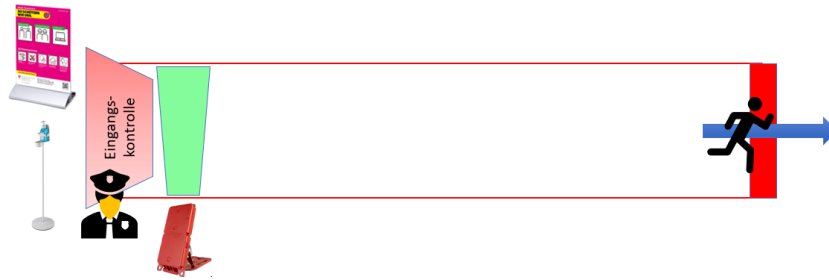
The parking area near the start and finish is cordoned off and only accessible to registered persons (athletes, support staff, helpers, OC, media). It is mandatory to wear a mask within this cordoned off area. The toilet facilities and coaches, which can be used as changing rooms, are located in the parking lot.

Athletes and support staff arriving by private car can park in this parking lot.



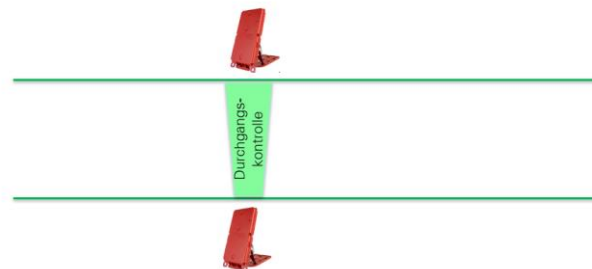
b) *Start area*

An additionally cordoned off start area may only be entered by athletes and helpers. A TrackBox records the participants via the RFID chip attached to the start numbers. A mask must be worn in the start area. The participants are allowed to take off the mask **one minute** before the start. After the start, helpers will collect the masks and dispose of them.



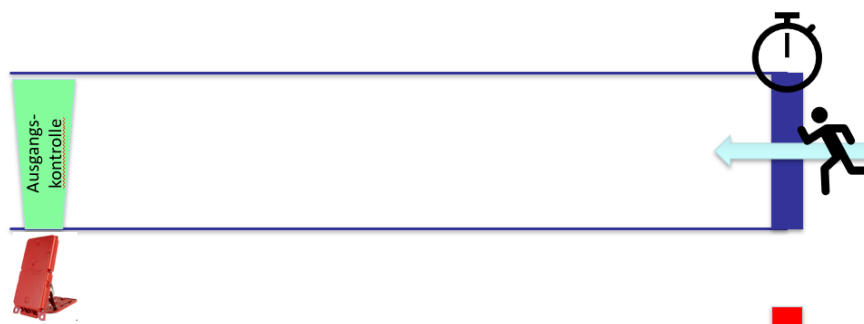
c) *Route*

The race course is equipped with at least one electronic passageway controller. This will record race information and contact tracing of participants (should it be required later).



d) *Finish area*

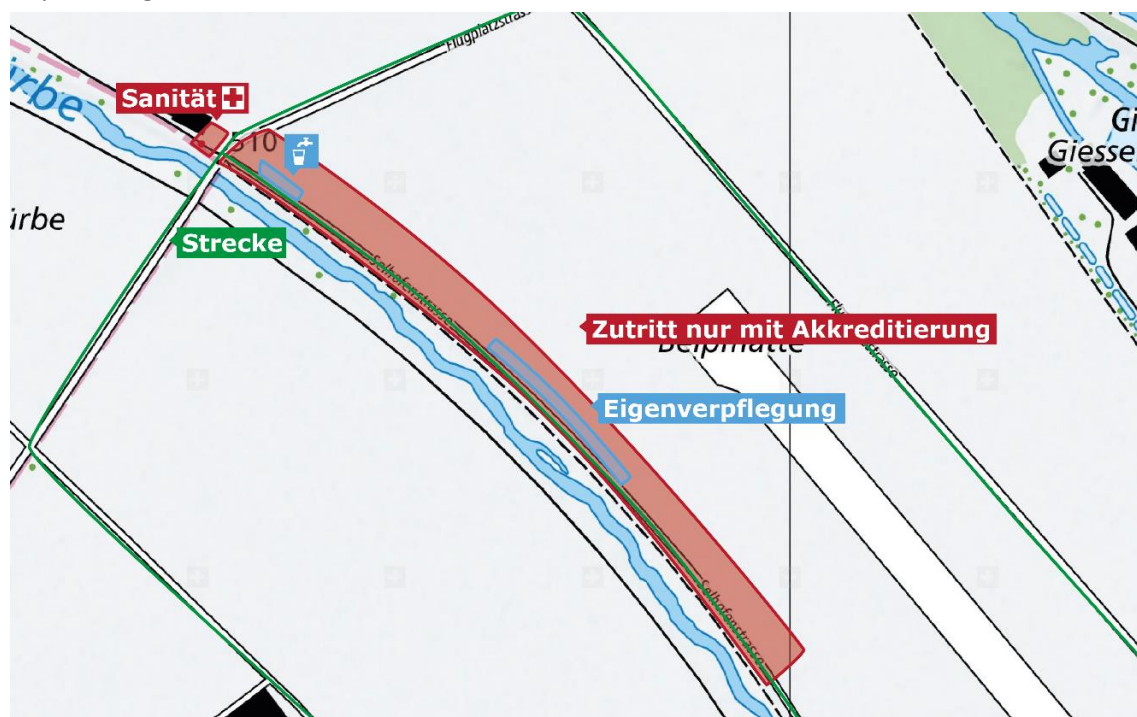
Participants are electronically recorded when they cross the finish line. This will record finishing positions times etc and may also be used for contact tracing. In order to avoid crowds, finishers are instructed to **leave the finish area immediately after crossing the finish line**. After crossing the finish line, all participants will be furnished with a new disposable mask for their protection.





#### e) Catering

There is one refreshment zone per round, divided into two areas: One with general catering (water) and one for personal catering by an accredited coach. Only authorized persons are allowed to enter the refreshment zone. All persons in this zone are obliged to wear masks and disposable gloves.



#### 7 Helpers and other people involved in the organization

All helpers and other people involved in the organization are equipped with an FFP-2 protective mask and instructed on compliance with the applicable protective measures.

#### 8 Spectators

Spectators are not permitted at the event. In the public area along the route, the National rules for public meetings in open spaces apply. There will be no designated spectator areas.

#### 9 Information

The organizer will put up posters and information boards about the applicable rules and precautionary measures (especially at critical points). The participants, helpers and other people involved in the organization will receive instructions in advance with the applicable protective measures.

#### 10 Responsibilities

The following people are responsible for implementing the concept and for contacting the responsible authorities:

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